Newsletter 7 – 29th January 2021

From the Principal

Dear parents and carers,

Thank you for all of your hard-work and efforts in supporting your children with their remote learning. We know that this can be challenging for both your children and yourselves, but I would like to say that we are all just so proud of all that you and your children are achieving during this unusual time.

The quality and amount of work being completed is continually rising, and what we know, is that children returning to school after this lockdown period, will be in a much stronger position, having had purposeful learning which ensures that we are able to monitor children's work and provide feedback for continued progress and growth.

We'd like to take some time to say well done to our remote learning stars, named here to your right...

Keep working hard to get your name up there too! We look forward to sharing examples of your great work in the weeks to come as well. In the meantime, see them posted up in your class halls of fame as you celebrate together every Friday morning in your Google Meets.

I would like to also draw your attention to the fact that next week is Children's Mental Health Week. Whilst we will take time for activities which focus on supporting the mental health and well-being of your children, you will find on the following pages, links to support both you and your children during this time of lockdown, when it is more important than ever to look after the mental health and well-being of those that look after these wonderful children as well. We acknowledge and celebrate your strength and determination – please do look after yourselves.

God bless, Ms Cranmer

Raising aspirations and a love for learning through courage, resilience, positive relationships and God's love!

CELEBRATING LEARNING

<u>Congratulations to our Remote Learning</u> <u>Stars of the Week</u>

3Potter

Charlie B, Hannah D, Isla W, William B, Robert H, Hollie D-F, Molly H, Adrian O, Hannah R, Ryan Z, Mia S, Samuel S, Isaac R

3Dahl

Mason G, Maddix B-J, Levi H, Alice H, Arran M, Baran K, George F, Eva-Bess W, Alfie L, Eleanor B, Olivia B, Spencer P, Max H and Amelia D

4Curie

Ana C, Zak O, Lucie H, Keiran H, Isaac B, Fran W-S, Harry C, Harvey M, Madison P

4KingJr

Summer M, Lucie Q, Sophie A, Sidney B, Jack B, Anna B, Alexa S-I, Jacob S, Nicolai H, Morgan R, Anna D, Eve H

5Attenborough

Amy H, Katie H, Jacob H, Dalin C, Evie L, Joshua M, Sam B

5Bevan

Adele O, Esther D, Charlotte A, Harry B-W, Kacie-Mai J, Oliver T, Lois B, Connor R, Cody W, Ollie M, Ethan W, Jack B, Austin Z, Thea H, Mia F, Emmy B

6Parks

Brooklyn S, Filip D, Isla F, Amelia H, Bryony S, Poppy H, Ellie W, Isla T, Noah B, Olly C, Reuben L, Noah H, Skye M, William B

6Switzer

Madison R, Katie H, Isla M, Ema C, Nathan H, Leo H, Ellie T, Dylan D, Thisum G, Daisy L, Ryan M



LEARNING AND CURRICULUM NEWS

Spring Term Curriculum Calendar

Curriculum vision: The curriculum here at St Mary's Church of England Junior School is an avenue for discovery and knowledge of the wider world. We will use clear purpose, audience, engagement, interaction and oracy to drive learning of a wider curriculum with an outcome of 'showing what we know' - a display of knowledge and celebration of learning through high aspirations, courage, resilience, positive relationships and God's love.

Week commencing	Mission and values/ Christian Distinctiveness	Show What We Know about	<u>Learning purpose</u>	<u>Lead</u>			
4 th January 11 th January	tions	Geography	We are Geographers The Lay of the Land -Project based displays	Miss Laurie (Mrs Kirman)			
18 th January	Raising aspirations	Science	We are Scientists Animals including humans -Science Display	Mrs Page Mr Power			
1 st February 8 th February	Raising	Art	We are Artists A close study of great artists through the centuriesArt exhibition	Mrs Kirman (Mrs Partridge, Mrs Anderson)			
22 nd February 1 st March	Love	Reading	We are Readers We love reading- celebrating our joy for reading and books, glorious books! Activities, competitions and World Book Day	Mrs Beuttell Miss Dutton Mrs Elvin (Mr Miller, Miss Laurie)			
8 th March 15 th March 22 nd March	God's Love	History	We are Historians Horrible Histories British and local history -'History on show'	Miss Laurie (Mrs Kirman)			

^{*}Please note that music, RE and languages will continue to be taught weekly.



SCHOOL NEWS, UPDATES AND UPCOMING EVENTS



St Mary's Church of England Junior School 2020 – 2021 Calendar



This calendar applies to community schools, community special schools, VC schools and nursery schools and sets the days on which school transport will be provided. While most Foundation, VA, foundation special, free schools and academy trusts who are able to set their own dates, adopt the Norfolk Model, we advise

September 2020					October 2020							November 2020								December 2020							
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		Jan	uary	2021				February 2021						March 2021							April 2021						
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May 2021						June 2021							July 2021								August 2021						
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10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	1
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Half Term - 15th - 19th February

Red dates - bank holiday

As you may be aware the government has advised that schools will not be open during half term for pupils of critical care works or vulnerable children. If however, your child has been attending school and they develop symptoms of Covid for 48 hours after the last day of term, please contact us using the Covid email address covid@st-marys.norfolk.sch.uk, so that we can make the necessary arrangements to isolate bubbles where required.

July. Some may choose to use twilight hours for staff training instead of some or all of these days.



<u>Inset Day – Monday 22nd February</u>

As we are continuing to ensure that all staff develop through high-quality professional development opportunities, the school will remain closed to pupils for a staff INSET day on the Monday after half-term, 22nd February, as per the school calendar provided at the start of the term. Staff will be attending live virtual professional training on curriculum, with a view as to how we can further develop our wider school curriculum.

Parent Consultations -

Whilst we await the decision from the government as to when schools will re-open to all children, the current information suggests that this could be from 8th March. Whilst this has not yet been confirmed, we are aware that Parent Consultations, as per the school's parent calendar provided, would have taken place that week.

I am sure that you will understand, that given the potential return to school for children at the same time, we would like to try to manage this alongside well-being and work-loads, by rearranging Parent Consultation dates. We will therefore be scheduling virtual or telephone consultations for the weeks commencing 8th and 22nd February. You will get further information as to how to book a time with your child's class teacher via ParentMail.

In these meetings, class teachers will share your child's most upto-date assessment information, as well as reviewing online learning, outcomes, next steps and well-being.



Due to your feedback regarding an opportunity to meet with the school's Senior Leadership Team, you will also be able to book a meeting with a member of the Senior Leadership Team, Pastoral Support Officer, or SENCO during these weeks.



Children's Mental Health Week

Please see below, some resources to support you and your children. In addition to the resources provided though Google Classrooms, teachers will be providing activities to support a screen-free day on Friday 5th February.



Welcome to Relax Kids - one of the leading experts in child relaxation training classes and resources.



We offer quality products and services to parents and professionals working with children.

We are here to help you help children become resilient and give them tools and techniques to manage their emotional, and mental health.

Relax Kids uses research-based mindful and relaxation techniques alongside values and positive psychology (positivity, strength-building, gratitude, resilience and compassion) to help support children's emotional health and wellbeing.

Please take a look at their website www.relaxkids.com for lots of ideas and information such as Calm packs for children with anxiety about going back to school; relaxation techniques for parents and other ideas such as DIY discos.





SAFEGUARDING

E-SAFETY: 10 tips for keeping your children safe online

Recently at school we have been learning about internet safety. The biggest message we can send to you is to always monitor what your children are doing and this includes when they are on the internet. The following tips are quite handy!

- 1. Have a conversation with your child/children Children are getting their first internet-connected gadgets at young ages. So, start talking to them early. Warn them about the dangers they could come across. Let your child/children know you're looking out for them, speak honestly with them, and listen. After all, if it's just you talking, it's not a conversation. It's a lecture. And no one likes a lecture.
- 2. Keep your computer in a common area of the house It's more difficult for strangers and online bullies to harass your child when you can see what your child is up to. So, make sure your kids aren't going to bed with their laptops and phones. Keep internet time in the common areas.
- 3. Know which other computers your children are using Your children most likely have access to computers at school or their friends' houses. Ask them where they go online, and talk to their friends' parents about how they supervise their own kids' internet use.
- 4. Remind your children, "Don't talk to strangers or meet them" Make it clear that online strangers are not friends. Remind your children that people often lie about their age, and online predators often pretend to be children. Emphasize that your children should never reveal personal information like their name, address, phone number, school name, or even their friends' names. Knowing any of this could help an online predator find your child in real life. And under no circumstances should your child ever meet up with someone they met online.
- 5. Make internet time family time You watch movies together. Why not browse the web together? Making it a family event can be fun. You'll learn more about your kids' interests, and can guide them to websites that are more appropriate to their age.
- 6. Know your children's passwords If you've got a younger child, create an account for them in your own name to avoid exposing their name and so you'll have the password. But please respect the age limitations on accounts. If a site says you should be 13 to sign up, then your child should wait. Whatever your choice, though, make sure you get their passwords and warn them that you'll be checking their accounts from time to time to make sure everything's ok. (Spying on your kids' accounts without their knowledge could weaken their trust in you.)
- 7. Watch for changes in your children's behaviour Being secretive about what they do online, withdrawing from the family, and other personality changes could be signs that an online stranger is preying on your child. So keep an eye out for any behavioural changes.

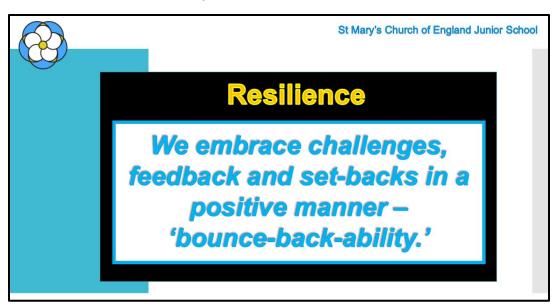


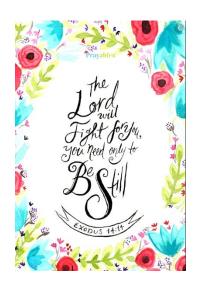
- 8. Pay attention to any gifts anyone gives your children Online predators may send physical letters, photos, or gifts to children to tempt them. Stay alert, and ask your child/children about any new toys they bring home.
- 9. Check your children's browsing history Open your child's web browser and look for "History" to see a list of websites they've been to. Also check the recycle bin to see if any files have been deleted. You may be surprised.
- 10. Set rules and stick to them As a parent, it's your job to limit your kids' screen time, set boundaries for inappropriate content, and make sure your children stick to them. So do it. Talk to your internet service provider about filters you can use to block inappropriate websites, or invest in a Wi-Fi router with parental controls.
- 11. Age limits for social media (Facebook, What's App, Instagram, TikTok, Snapchat) In Europe, most social media platforms have a minimum age of 16 (13 with parental consent) before a user can create an account, due to the General Data Protection Regulation, or GDPR, which came into effect on May 25, 2018. Please bare this in mind when you are monitoring. These recommendations are for a reason!



CHRISTIAN DISTINCTIVENESS

This half-term, we are learning about...







Songs for 'Resilience': Rescue - Lauren Daigle Look Up Child - Lauren Daigle Echo - Elevation Don't Give Up - Shawn McDonald

Raising aspirations and a love for learning through courage, resilience, positive relationships and God's love!

Contact us: St Mary's Church of England Junior School Swan Lane, Long Stratton, NR 15 2UY 01508 530459 office@st-marys.norfolk.sch.uk

www.stmaryscoejunior.co.uk