



Diocese of Norwich  
St Benet's  
Multi Academy Trust

St Mary's Church of England Junior Academy



# PETS AS THERAPY



**Introducing our new St Mary's therapy dog: Manuel.**



## What is Pets As Therapy?

Pets As Therapy (PAT) is a national charity founded in 1983 by Lesley Scott-Ordish, a dog owner who understood the unique bond between humans and animals – and the joy of volunteering.



**PETS AS  
THERAPY**



PETS AS  
THERAPY

## Where do PAT pets visit?

PAT pets visit all sorts of establishments such as care homes, hospitals, hospices, schools and prisons, and bring smiles to many faces.





# Where do PAT pets visit?

Care homes

Hospitals



Prisons





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People of all ages,  
both young and old,  
get the chance to stroke and  
talk to friendly pets.





Centre for  
Mental Health



## Restoring something lost

The mental health impact of therapy dogs in prisons



“...I don't know what it is, but even when I am running around with [the therapy dog] **I just feel better inside,** calmer, more peaceful...”

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## What kind of animals are in the PAT team?

PAT is the largest provider of organised visits by assessed teams in the UK, with over 4,500 pets registered as PAT Dogs and PAT Cats.



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## How did Manuel become a PAT pet?

Pets As Therapy pets must have passed a temperament-assessment.

Manuel has a certificate to show that he is calm, gentle and doesn't mind being stroked.







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When Manuel is in school he must wear his identity tag on his collar; this lets us know he is a registered PAT pet.

Phone: 01865 671440

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I hereby certify that

PETS AS THERAPY is pleased to welcome

***Manuel***

As a registered PAT pet

Owned by: ***Miss. Samantha Laurie***

Registered PAT pet ID: ***PAT-2250142***

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During Manuel's sessions in school, he will remain on a lead and under control at all times.

A member of school staff will lead the sessions and will be present throughout.





## Why have we introduced Manuel to our school?

Manuel will be holding weekly **read-to-a-dog** sessions.

Manuel will be our listening dog.



**PETS AS THERAPY**  
Read2Dogs

  
HM Government

In partnership with  
**THE NATIONAL LOTTERY  
COMMUNITY FUND**

**PETS AS THERAPY**



## The Benefits

While reading, simply petting a dog can reduce anxiety or stress.

A listening dog can encourage you to worry less about making mistakes and therefore enjoy reading more.

This could help you feel more positive and motivated to read and learn.



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Soon, we will be awarding  
**'I met a therapy dog today'**  
stickers and so you feel proud  
of your session with Manuel.





Manuel will also offer weekly self-esteem and confidence building sessions which help you to feel good about yourself and recognise your strengths.



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**How can we show  
Manuel respect and  
help him enjoy his  
visits?**



Stroke his body, don't touch his face.  
One child at a time so he doesn't feel  
overcrowded.

Be patient and wait your turn.

Be gentle and quiet and so he doesn't feel  
scared.







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**Video:**



<https://www.facebook.com/petsastherapy/videos>

<https://www.youtube.com/watch?v=Rve1DukX3Mo>

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Dear God,

Please help us to treat others how we would like to be treated ourselves.

Help us to be respectful to our teachers, friends, family and animals.

Help us to be kind, calm and gentle,

Let us be thankful that Manuel has joined our school and to treat him with care and respect.

Amen.