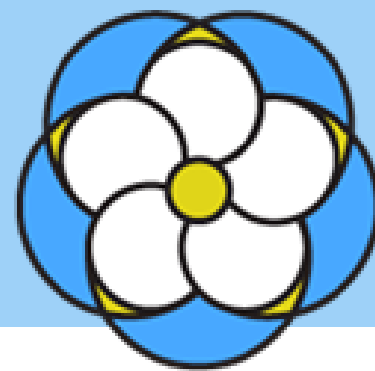


St Mary's Church of England Junior School

Newsletter 6 – 4th December 2020



From the Principal

Happy Friday!

Well, we have entered December and the holiday season, both here in school, and within the community, has well and truly begun – from Christmas lights up in the village, the carols playing in the stores, Christmas production rehearsals, the Christmas Tree trail and all of the planning of upcoming festivities.

Whilst this holiday season might look or feel a lot different to normal, we must take this time to reflect over the last year, and to be thankful for what we have, and remember those who have lost, or who will not be able to see their families at all during this holiday period.

It is a time, to remember that this year, across our community, our country, and the world, there are more people in need than ever and I am delighted at the kindness and compassion that our St Mary's children show, when they know they have an opportunity to give back and support others.

Please read on to see how we will continue to celebrate, give thanks, and give back!

Wishing you all a very happy holiday season!

God bless,
Ms Cranmer

CELEBRATING LEARNING

*Congratulations to our
super stars!*

Week ending
20th November

3 Potter: Kaleb W
3 Dahl: Xavier W
4 Curie: Sophie H
4 King Jr: Jack B
5 Attenborough: Maddison W
5 Bevan: Connor R
6 Parks: Josh W
6 Switzer: Dylan D

And, for the week ending
27th November

3 Potter: Emily H
3 Dahl: Amelia D
4 Curie: Francesca W-S
4 King Jr: Dexter N
5 Attenborough: Meadow R
5 Bevan: Mia F
6 Parks: Scott S
6 Switzer: Ellie T

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courage, resilience, positive relationships
and God's love!***



LEARNING AND CURRICULUM NEWS

Autumn Term Curriculum Calendar

Curriculum vision: The curriculum here at St Mary's Church of England Junior School is an avenue for discovery and knowledge of the wider world. We will use clear purpose, audience, engagement, interaction and oracy to drive learning of a wider curriculum with an outcome of 'showing what we know' - a display of knowledge and celebration of learning through high aspirations, courage, resilience, positive relationships and God's love.

<u>Week commencing</u>	<u>Mission and values/ Christian Distinctiveness</u>	<u>Show What We Know about...</u>	<u>Learning purpose</u>
7 th September	Courage	History	<u>We are Historians</u> An inspired classroom -Virtual presentations to parents
14 th September			
21 st September		PSHE/ART/ DT	<u>We are Artists,</u> <u>Thankful for our Community</u> Celebrating and supporting our community
28 th September			
5 th October		Reading	<u>We are Authors and Storytellers</u> We love reading - celebrating the history and storytelling of other cultures <u>-Let us tell you a story...</u>
12 th October			
19 th October	Resilience	Science	<u>We are Scientists</u> Celebrating Earth Science Week -Science Fair
2 nd November			
9 th November		Geography	<u>We are Geographers</u> Maps and globes – Quiz masters
16 th November			
23 rd November		Science	<u>We are Scientists</u> Extraordinary Experiments on display
30 th November			
7 th December		Religious Education and Music	<u>We are Humanitarians:</u> Virtual Christmas productions Christmas Around the World -Let's celebrate together virtually
14 th December			

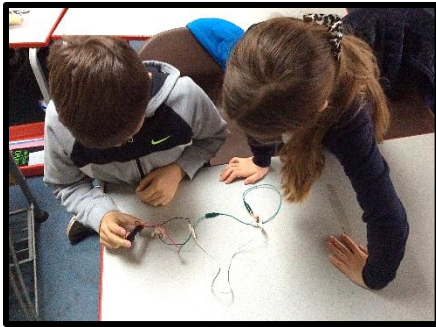
*Please note that music, RE and languages will continue to be taught weekly.

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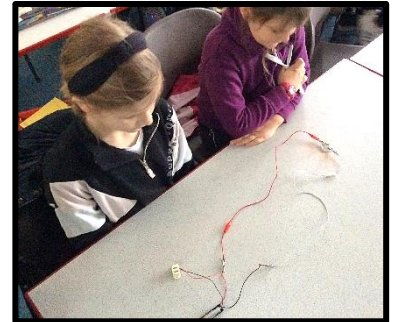


Class Learning Blog Look at how we have been learning this week...

King Jr Class Learning Blog



This week in our Science lessons, we've been learning about electricity, experimenting with battery-powered circuits, adding buzzers, lights and switches and exploring the conductivity of different materials.



In French with Mrs Franklin, we've been learning about food and drink. In the picture to the left, children are playing snap to practice their understanding.



Published: 9:36 PM December 1, 2020
A Year 4 class at St Mary's Junior School at Long Stratton, with their Christmas cards for the project to share cards with care home residents. Picture: DENISE BRADLEY - Credit: Copyright: Archant 2020



We've also been enjoying mixing a little bit of Christmas magic into our learning, working hard to practice our part of the school Nativity performance including working on our stamina to sing the chorus from Ding Dong Merrily on High. It's shaping up to be

pretty gloooooooooooooooooooooorious! Finally, the class have, along with the rest of the school, been creating Christmas cards for the EDP's Christmas Card for Care project - a way of bringing some Christmas cheer to people who may have been left feeling isolated due to the Coronavirus pandemic. Please see the EDP link in today's email.



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SCHOOL NEWS, UPDATES AND UPCOMING EVENTS

School Lunches – Christmas Week

Monday and Tuesday lunch will remain the same as per Week 2 Menu. However, there is a change to the Wednesday Menu to enable the Kitchen to prepare for the Christmas Lunch.

Wednesday 16th December – Option 1&2 Jacket Potato, Cheese & Beans and Salad or,
Option 3 Cheese or Tuna Mayo Roll
Dessert – Ice Cream Tub

Thursday 17th December – Christmas Lunch (no alternative options)

Please email the office by morning of Monday 7th December if you have not ordered this for your child.

Friday 18th December – As per Week 2 Menu (Fish Fingers & Chips etc)

Christmas Jumper Day – Thursday 17th December



On Thursday 17th Jumper we will be raising money for Save the Children by wearing our Christmas Jumpers (with uniform on the bottom half). Please donate by either cash or via Parentmail so that we can help this charity. 100% of proceeds will go to Save the Children.



Simple medicine saves lives; food helps kids grow up strong and smart; and books help kids see a whole new world. Your donation could warm some tummies, save some lives, and change the future. That's big.

Here's some amazing examples of what Save the Children do:

- £2 could pay for hand sanitiser to help fight coronavirus in one of Save the Children's medical clinics
- £6 could buy a face shield for a superhero health worker in Yemen
- £10 could buy antibiotics to help five children beat malnutrition
- £20 could buy a back-to-school kit for a child in Indonesia
- £60 could buy toys and books to support children from struggling families in the UK
- £100 could buy a first aid kit for a health worker in Somalia

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Collection arrangements for last day of term

Year 6 and 4 should be collected from their normal collection points between the times of 1:20pm and 1:30pm.

Years 5 and 3 should be collected from their normal collection points between the times of 1:30pm and 1:40pm.

If you have children within both dismissal times, please arrive at 1:30 so that you may be able to collect them both at the same time, without having to wait, and ensuring that crowds are minimised.

Introducing...Google Classrooms for homework, etc.

Thank you for your feedback. We are delighted to inform you that we have finalised the process for setting up Google Classrooms for your children's homework as of next week.

This new system will allow for children to submit homework to teachers, in order to enable us to provide your children with feedback and to support their home learning further. This will hopefully further incentivise your children to complete homework as well. This will also serve as access to remote learning, should there be a need for closing bubbles, and will soon also be used to provide work to those isolating.

Pupils can access this by typing 'Google Classroom login' into a google search and when prompted for their username and password this will be as follows:

Username: *Initial of your child's first name, surname, year of finishing this school, @ stmarys.stbenets.org*

i.e: jbloggs23@stmarys.stbenets.org

The year of finishing this school will be:

Year 3 - [24](#)

Year 4 - [23](#)

Year 5 - [22](#)

Year 6 - [21](#)

Your child's **password** will then be **d** followed by their date of birth

i.e. d1012009 would be 1st January 2009 or,
d31122010 would be 31st December 2010

Please contact your Class Teacher or the office if you have any difficulties with signing in.



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Parent consultations feedback

I do hope that you have found your Parent Consultations, whether by phone or by video call valuable. We appreciate your patience as we navigate around new ways of doing things...our staff have certainly been having to demonstrate their resilience here, and we know that there have been some technical difficulties which we will begin to work through. We knew that the first time around may have some snags, but we do hope that the essence of the meeting and the feedback that you received has been useful.

We would very much appreciate your feedback, as your feedback enables us to keep the 'good stuff' and improve in the areas which require further development. Please copy and paste the following link into your browser to complete the questionnaire by **Friday 11th December**.

https://forms.office.com/Pages/ResponsePage.aspx?id=roPF0bAbO0m5sFGmUcn5iCsSD46_podHu2346xLuSdxUMjg0SkM0UDZXM04yOENGKdVOVNQQ0INTy4u

COVID Information

We have recently set up an email account for parents to use if their child has COVID symptoms at the weekend. The email address is covid@st-marys.norfolk.sch.uk and we would ask that you use this email only outside of school hours or at weekends, so that we can make the necessary arrangements to isolate bubbles where required.

COVID Information

For up to date information on the new Tier 2 restrictions please see the link below and the at a glance poster on the next page.

<https://www.gov.uk/guidance/local-restriction-tiers-what-you-need-to-know#high-alert>

COVID Winter Support

Finding this winter even harder because of Coronavirus? Please take a look at the attached poster for more information or visit www.norfolk.gov.uk/covidwintersupport

Vacancies

We still have a vacancy for a Cleaner at the school who will be employed by Norse. If you are interested please apply through their advert as shown below.

<https://app.kallidusrecruit.com/NPSGroup/VacancyInformation.aspx?VId=78628>

Our MSA vacancies have now been filled but we are continuing to interview for bank staff.

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HM Government



TIER 2

HIGH ALERT

FROM 2 DEC

MEETING FRIENDS AND FAMILY  <p>No mixing of households indoors, apart from support bubbles. Maximum of six outdoors.</p>	BARS, PUBS AND RESTAURANTS  <p>Pubs and bars must close, unless operating as restaurants. Hospitality venues can only serve alcohol with substantial meals. Venues must stop taking orders at 10pm and must close by 11pm.</p>	RETAIL  <p>Open.</p>	WORK AND BUSINESS  <p>Everyone who can work from home should do so.</p>
EDUCATION  <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	INDOOR LEISURE  <p>Open.</p>	ACCOMMODATION  <p>Open.</p>	PERSONAL CARE  <p>Open.</p>
OVERNIGHT STAYS  <p>Permitted with household or support bubble.</p>	WEDDINGS AND FUNERALS  <p>15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.</p>	ENTERTAINMENT  <p>Open.</p>	PLACES OF WORSHIP  <p>Open, but cannot interact with anyone outside household or support bubble.</p>
TRAVELLING  <p>Reduce the number of journeys you make and walk or cycle if possible. Avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid entering a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.</p>	EXERCISE  <p>Classes and organised adult sport can take place outdoors, but cannot take place indoors if there is any interaction between people from different households. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	RESIDENTIAL CARE  <p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. Outdoor/airtight visits only (rollout of rapid testing will enable indoor visits including contact).</p>	LARGE EVENTS  <p>Sport, live performances and business meetings limited to 50% capacity or 2000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower).</p>

Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

gov.uk/coronavirus

If you have any coronavirus symptoms:

A high temperature • A new, continuous cough
A loss of, or change to, your sense of smell or taste.

Get a test and stay at home

For more information and detailed guidance visit:
gov.uk/coronavirus



HANDS



FACE



SPACE



Bug Busting Weekend

Please take some time to check your child's hair regularly throughout the year.

Check if it's head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot in hair. Head lice eggs (nits) are brown or white (empty shells) and attached to the hair.

Head lice can make the head feel:

- itchy
- like something is moving in the hair

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb), which can be bought online or at pharmacies.

How to get rid of head lice

- You can treat head lice without seeing a GP.
- Treat head lice as soon as you spot them.
- You should check everyone in the house and start treating anyone who has head lice on the same day.
- There's no need to keep your child off school if they have head lice.

Wet combing

Lice and nits can be removed by wet combing. You should try this method first.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
- apply lots of conditioner (any conditioner will do)
- comb the whole head of hair, from the roots to the ends.

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Information:

The charity Community Health Concern has a [video about wet combing for head lice](#).

Medicated lotions and sprays

Ask a pharmacist for advice if you have tried wet combing for 17 days, but your child still has live head lice.

They may recommend using medicated lotions and sprays. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Check the pack to see if they're OK for you or your child and how to use them.

If lotions or sprays do not work, speak to a pharmacist about other treatments.

Some treatments are not recommended because they're unlikely to work.

For example:

- products containing permethrin
- head lice "repellents"
- electric combs for head lice
- tree and plant oil treatments, such as tea tree oil, eucalyptus oil and lavender oil herbal remedies

You cannot prevent head lice

- There's nothing you can do to prevent head lice.
- You can help stop them spreading by wet or dry combing regularly to catch them early.
- Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.
- There's no need for children to stay off school or to wash laundry on a hot wash.





SAFEGUARDING

JustOneNorfolk.nhs.uk

We Want You to Know... We're Still Here

These are unusual times for families. No matter your age or circumstance, many of us are facing increased stress or maybe things are cropping up that we don't know how to deal with.

There may be questions you have about what is happening for your family at the moment. We have lots of information, ideas and advice for you here on Just One Norfolk.

You can call to arrange advice on Just One Number 0300 300 0123 or visit the above website

The website aims to:

1. Build confidence in families, children and young people to care for their own health and wellbeing
2. Help families, children and young people in Norfolk access the right services for advice and help.
3. Improve health outcomes for children and young people in Norfolk.

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2020 – 2021 CHARITABLE FUNDRAISING...

We understand that this has been a difficult year for many and we do wish to support our community in whatever ways possible. We do not expect all of our families to participate in every fundraiser, but we will continue to encourage pupils to be charitable and giving.

We will therefore be ensuring that we use some of our fundraising money, to give back to you this Christmas. We will be sending home a small token for you to enjoy as you sit together to watch our virtual Christmas production, as well as providing some additional support to some of our families.

It is vital that we find ways to 'come together' as a community, now more than ever, and despite the fact that we may need to be physically distanced.

Christmas Raffle

We are holding a Christmas Raffle with lots of prizes. Tickets cost £1.00 payable by Parentmail and the draw will be made on Monday 14th December. All proceeds will be split between Marie Curie Charity and St Mary's Junior School.

Missing the Great British Bake-Off? Enter the special edition 'St Mary's cake off!' (organised by Y6 Fundraising Ambassadors)

The judges want to see:

Effort, imagination and a Christmas twist with decorations.



Rules:

1. Do **NOT** buy any cakes from the shops!
2. Remember to take a picture of your cake before you eat it.
3. Ask your parent for permission if you're a kid because there are some **DANGEROUS** things when you bake a cake.
4. Have fun!



YOU MUST pay £1 on Parentmail to enter, and submit a picture, a description of flavours and what is on the cake.

Please email Mrs Beuttell d.beuttell@st-marys.norfolk.sch.uk your wonderful cake creations or questions by Monday 14th December. Year 6 will judge and announce the winner and prize on the last day of term!













All proceeds will be equally split between JDRF, Stop Hate UK and St Mary's Junior School.

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Well done and thank you for your support!

3 Potter has raised £16.16 for	The Dream Factory 	3 Dahl has raised £16.16 for	Hallswood Animal Sanctuary 
4 King Jr has raised £16.16 for		4 Curie has raised £16.16 for	Marie Curie Cancer Care 
5 Bevan has raised £16.16 for	 East Anglia's Children's Hospices	5 Attenborough has raised £16.16 for	WWF World Wildlife Fund 
6 Parks has raised £16.16 for		6 Switzer has raised £16.16 for	JDRF 
After-school club has raised £16.16 for	NSPCC  Cruelty to children must stop. FULL STOP.	Keller Class has raised £16.16 for	St Mary's Church 


Half of all monies raised goes directly to the charity that each class supports and half of it goes directly back into learning resources and technology for your child's class. Therefore, we thank you for helping us to raise an equal amount shown above for each class.

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CHRISTIAN DISTINCTIVENESS

This half-term, we are learning about...



St Mary's Church of England Junior School

Resilience

We embrace challenges, feedback and set-backs in a positive manner – 'bounce-back-ability.'



Songs for 'Resilience':
Rescue - Lauren Daigle
Look Up Child - Lauren Daigle
Echo - Elevation
Don't Give Up - Shawn McDonald



Raising aspirations and a love for learning through courage, resilience, positive relationships and God's love!

Contact us: St Mary's Church of England Junior School
Swan Lane, Long Stratton, NR 15 2UY
01508 530459

office@st-marys.norfolk.sch.uk
www.stmaryscoejunior.co.uk