



7 Cs APDR Support Plan 2023-24



Name: Pupil A

Class: Year X

School: St Mary's C of E Junior Academy

Asess Alan			SEN	ID Su	upport Plan - A	SSESS		Diocese of Norwich St Benet's			
Berles 00	Name Pupil A Class				Year 5	Multi Academy Trust					
SEN Stage	К	Disability	Diagnos	•	Pupil A attended the Pers has now reintegrated bac		sion (smaller classroom) full time for class.	one-year 2022-23 and			
Date put on SEND Record	2020		es & key informa	•			erral- Pupil A has been accepted onto	• • •			
Primary Need	Social, Em Health	otional & Mental	tion	•	EHCNA- Yes to Assess- (23	3-06-23)	ssment (EHCNA)- Professional Applic DCo / Parent / Pupil (19-10-23)	ation submitted 27-05-23.			
Area(s) of Need	d Cognition & Learning ⊠ Communication & Interaction ⊠ Social, Emotional & Mental Health ⊠ Sensory and/or Physical			⊠ Rest b □ Worki	Image: Up to 25% additional time Image: Reader (Individual or small group) Image: Up to 25% additional time Image: Meaker breaks / sensory breaks Image: Prompt (for focus) Image: Highlighter pens Image: Working away from main classroom Image: Scribe or transcribe Image: Enlarged / adapted visual materials Image: Other: Image: Comparison Image: Comparison Image: Comparison						
Profiling tools	☐ Individual Needs Descriptors in Educational Settings (INDES)										
Strengths & Difficulties											
	گھ	Teacher voice			Pupil voic	e	Parent/	Carer voice			
Image: Pupil A is a friendly, polite and well-behaved girl. ShAreas of strengthstrength				= b	upil A said that she thinks hand er strengths.						
Areas of difficulty	as of and finds it hard to calm herself. Pupil A lacks				upil A said that she finds harde he struggles being in a larger c	-	Loud spaces ons tricky. Sensory overload and need	ng a quieter area			
Personalised Provision											
Specialist assessment of needs & key reports											
 Educational Psychologist EP (13-01-22) SaLT Assessment (01-11-22) Respectrum Advisory Service (SEND Report) – (29-11-22) SENDCo wrote letter to GP (15-05-23) requesting NDS Referral. Prompt Pupil A to use her aids: fidget tools, head phones, quiet work space. Adults encourage Pupil A to use her emotions fan to show how she is feeling and her feelings diary to down her feelings. Adult support Pupil A to use her ZoR tracker to notice trigger points throughout the week. Adults support Pupil A to notice when she needs to wear her headphones to filter out noise. Adult facilitate daily 2:45pm choosing time for good efforts to concentrate and focus well. 								oints throughout the day /			



AUTUMN TERM - PLAN & DO

This term we are working on these 3 small-step targets:

42224	Barrier	1		2			3			
	(Element)	Creativity- Attention and co	oncentration	Control- Emotional regulation			Sensory processing			
~~~	Tracker Baseline	Emerging- 2			Emerging- 1			rging- 2		
<u></u>	Targeted Outcome	I can use a fidget tool to help and so I can concentrate dur of independent lear	ing 15 minutes	I can use my emotions fan to help me identify how I am feeling and a Zones of Regulation (ZoR) strategy to regulate myself.			help screen out add	to wear headphones to ditional sounds so I can sensory experiences.		
<u>بر المحمد</u>	Teacher Adjustments	Pupil A will use a fidget tool and listening times whilst s the speaker. Adult to use P at the start of an instruct information is concise and into chunks.	Adult support Pupil A to start the day by looking at the zones of regulation. Adults model how to notice and identify how you are feeling, integrating emotions language into conversation.			Adults will support Pupil A to notice when she needs to wear her head phones and pre- empt situations which could be a trigger sensory overload.				
	Additional Support & Resources Fidget tools. Use of headphones, quiet work spaces, personal reward chart. Vary posture between tasks.			Feelings diary. Emotions cards /fan.			Headphones, sunglasses, fidget tools, quiet space.			
Ĉ	Intervention	<b>2:45pm Reward time</b> for learning and being in class for		Use the <b>ZoR tracker</b> to notice patterns in Pupil A's day and identify trigger points for distress.						
How people at home will support me Praising Pupil A for making good choices and earning reward time.		-	Use emotions cards at home and encourage Pupil A to point to and say how she is feeling.			Talk to Pupil A about her sensory experience and support her to notice her own triggers e.g. noise / situations.				
	My Self-Help Toolbox									
			A REED A REED A REED A REED A		S and index transformations S ZOVES Across the Day:			Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constructions Constr		
Fidg	et tool	Headphones	Quiet s	space	Zones of regulation	Emo	otions cards / fan	Social stories		

454655 Agy Railed 00	AUTUMN TERM – REVIEW Monday11 th December 2023											
	I			Target	ted Outco	me 1						
~~~	7 Cs Tr	acker	Sept	Emerging 2	Dec	Emerging 3	Progress over term	+1				
	How	/ I got on) (?				
	Cor	nments	Pupil- Th	e fidget tolls have	helped a bit.							
Targeted Outcome 2												
~~~	7 Cs	Tracker	Sept	Emerging 1	Dec	Emerging 2	Progress over term	+1				
Ŕ	How	/ I got on	(H)				(é) O	?				
	Cor	nments	Pupil- ZoR	toolkit has helped.								
				Target	ted Outco	me 3						
~~~	7 Cs	Tracker	Sept	Emerging 3	B Dec	Evolving 5	Progress over term	+2				
	How I got on						(õ)	?				
	Cor	nments	Pupil- I put my headphones on to help block out any loud noises.									
				Prov	ision Rev	iew						
		ß	WI	nat's working?		Ŗ	What's not working?					
Pupil vo	vice			owl weighted bl Ip block out nois hall.		h My fidget too	My fidget tool has helped but I don't think I need it anymore.					
reco morning			nizes that if she has d blanket,	well to her rewa she can play ter had a good day fidgets, visual t rk is adapted.	nnis in the .She uses he	Pupil A is st quite trick	Pupil A is still finding sustained concentration quite tricky, especially during longer writing tasks.					
Parent/C voice		Pupil A lil	e have been les kes having class epared for the c	jobs to do ar	n	At home, Pupil A can still find communication tricky, especially if she is feeling frustrated.						
ڑی کۆک What wil change	-	-			-	n, use more socia ary. Introduce a p		ort Pupil A coming in. nication book.				
New foo elemen		C	Communic	cation	Со	ncentration		Control				

tysess Alan	SPRING TERM - PLAN & DO											
Do Kerie		This term we are working on these 3 small-step targets:										
	Barrier (Element)	1			2			3				
مر	Tracker Baseline											
Ĩ	Targeted Outcome											
<u>ب</u> گ	Teacher Adjustments											
	Additional Support & Resources											
Ë	Intervention											
	How people at home will support me											
			My S	elf-Help	Toolbox							

Research Alan Relatory OC		\$ \$	PRI			EVIEW	1			
	_			Targe	ted Outcon	ne 1				
~~~	7 Cs Tr	acker	Jan		March		Progress over term			
(Å	How	I got on	다. 주)				( ) ( )	?		
	Comments									
				Targe	ted Outcon	ne 2				
~~~	7 Cs	Tracker	Jan		March		Progress over term			
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	Cor	nments								
				Targe	ted Outcon	ne 3				
~~~	7 Cs	Tracker	Jan		March		Progress over term			
	How I got on			) (***	) (		(00) (00)	?		
	Cor	nments								
				Prov	vision Revi	ew				
		ß	Wh	at's working?		What's not work				
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Pupil vo	oice									
	ך									
	Teacher voice									
Parent/Carer voice										
<u>ک</u>										
کمب What will we										
change										

45855 Agg	<b>SUMMER TERM - PLAN &amp; DO</b> This term we are working on these 3 small-step targets:									
	Barrier (Element)	1			2		3			
~~~	Tracker Baseline									
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<u>مرکح</u> المحک	Teacher Adjustments									
	Additional Support & Resources									
Ĉ	Intervention									
	How people at home will support me									
			My	Self-Help	Toolbox					



SUMMER TERM - REVIEW



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			Targete	d Outcome	e 1		
~~~	7 Cs Tracker	April		July		Progress over term	
Ŕ	How I got on		(° °)	()	• • •		
	Comments						
			Targete	d Outcome	e <b>2</b>		
~~~	7 Cs Tracker	April		July		Progress over term	
Ŕ	How I got on		() ° ()	()	$\bigcirc \circ \bigcirc$	(00) (00)) (?)
	Comments						
			Targete	d Outcome	e 3		
~~~	7 Cs Tracker	April		July		Progress over term	
(A)	How I got on		(° °)	()	(° °)	(0) (0)	
	Comments						
			Provisi	on Revie	w		
	Ľ	What'	s working?		Ş	What's not	working?
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Teacher v							
Parent/C							
voice							
What wil change							
New for elemer	cus						